



## **HEAVY-DUTY CROSS-TRAINERS**

Take advantage of the popularity of low-impact, total-body workouts with our elliptical Cross-Trainers. High-quality, durable, and loaded with performance features, these cardio machines provide users of all ages and fitness levels with a rewarding total-body exercise experience. Even remanufactured, Life Fitness Certified Cross-Trainers are a better value than other companies' brand new equipment. Here's an easy way to get the best for less.

### **CT 9500HRR Rear Drive Total-Body Cross-Trainer**

Featuring a durable, belt-drive system with proven reliable alternator resistance for long-term performance. It also comes with Lifepulse™ and Polar® telemetry heart rate monitoring systems. Best of all, it's self-powered, giving you the freedom to place it anywhere in your facility.



### **CT 9500HR Front Drive Total-Body Cross-Trainer**

Featuring a reliable, belt drive system with upper- and lower-body striding movement automatically synchronized. Individuals can also perform interactive heart rate workouts through our patented Lifepulse™ system or Polar® telemetry heart rate monitoring systems.



*Performance that can't be beat.  
Prices that can't be ignored.*


*LifeFitness*

## OUR 22-POINT INSPECTION


Our certified technicians carefully disassemble and diagnose every Cross-Trainer using a meticulous 22-point quality checklist. Next, we either **CLEAN**, **DETAIL**, **INSPECT**, **REBUILD**, **REPAIR**, or **REPLACE** every specific part or perform a combination of these steps. We deliver fully assembled, refurbished Cross-Trainers ready for your immediate use.

### ICON KEY


CLEAN — 

DETAIL — 

REPAIR — 








INSPECT — 

REBUILD — 

REPLACE — 

# CHECKLIST

All of our Certified Pre-Owned Cross-Trainers must meet our sophisticated quality standards.

1. ENTER START-UP MODE			12. FRAME		
2. ELECTRONIC FUNCTION			13. PILLOW BLOCKS		
3. KEYPAD EVALUATION			14. LEVELERS		
4. OVERLAY INSPECTION			15. SHROUD TRIM		
5. ELECTRODES/HANDLEBARS			16. ALTERNATOR		
6. GRIPS			17. ALTERNATOR BRUSHES		
7. READING RACK			18. MISC. HARDWARE		
8. SHROUD COVERS			19. MAIN CABLE		
9. PEDALS			20. LINE CORD		
10. TENSIONER BRACKETS			21. END CAPS/ARM CAPS		
11. BELTS			22. REAR ROLLERS		

# SPECIFICATIONS

## CT 9500HR FRONT DRIVE CROSS-TRAINER

## CT 9500HRR REAR DRIVE CROSS-TRAINER

HEART RATE MONITORING	Patented Lifepulse™ Digital Heart Rate Monitoring System and Polar® Telemetry Heart Rate Monitoring	
WORKOUTS	Interactive heart rate Zone Training® Workouts—Fat Burn and Cardio; Cross-Train Aerobics, Cross-Train Reverse, Hill, Random, Manual	Random, Manual, Quick Start, Customized Cool Down; 5 interactive Heart Rate Workouts; 3 Personal Trainer Workouts, plus 6 Custom Workouts; 7 Hill Plus Workouts
DISPLAY READOUTS	Heart rate, elapsed time, total calories burned, calories burned per hour, Watts, METs, workout profile, resistance level	Heart rate, elapsed time, total calories burned, calories burned per hour, Watts, METs, workout profile, resistance level, rpm, and distance
DISPLAY TYPE	Large 16-character scrolling message center	LED alpha-numeric message center, workout profile and time/level display below
STANDARD FEATURES	Accessory tray, reading rack and instructional placard, welded steel frame, 20 resistance levels	Accessory tray, integrated reading rack, welded steel frame, 20 resistance levels, support handlebars, rear wheels for easy mobility
DIMENSIONS	76"L x 28"W x 70"H (193 cmL x 71 cmW x 178 cmH)	82"L x 27"W x 62"H (208 cmL x 69 cmW x 157 cmH)
WEIGHT	356 lb (161 kg)	240 lb (109 kg)
POWER REQUIREMENTS	Daisy chain up to 10 units on one outlet. Power requirements available in all major voltage configurations worldwide.	Self-powered with Auto Start (no external power source required)
WARRANTY	One-year warranty on electrical parts, mechanical parts and labor; 6 months on console overlay (face plate). Ask your Certified Pre-Owned Representative for details.† Warranties outside the U.S. may vary.	

CALL NOW TO FIND OUT HOW YOU CAN SAVE  
UP TO 40% OFF OUR NEW PRODUCT LIST PRICE

*Inventory changes regularly, so ask about our current listing today.*

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